SPORT MAKTABLARIDA ERKIN KURASH SHUG'ULLANUVCHILARI KO'P YILLIK TAYYORGARLIK JARAYONI KONTINGENTINI SAQLASH MUAMMOLARI

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Anotatsiyasi. Ushbu maqolada Sport maktablarida erkin kurash bo'yicha shug'ullanuvchi bolalar kontingentini saqlash muammolari yuzasidan anketa so'rovlari o'tkazilgan.

Kalit so'zlar: Bolalar, sport maktabi, erkin kurash, kontingent, anketa.

Аннотация. В данной статье проведено анкетирование по проблемам содержания контингента детей, занимающихся вольной борьбой в спортивных школах.

Ключевые слова: Дети, спортивная школа, вольная борьба, контингент, анкетирование.

Annotation. In this article, a survey was conducted on the problems of maintaining a contingent of children involved in freestyle wrestling in sports schools.

Key words: Children, sports school, freestyle wrestling, contingent, questioning.

O'zbekiston Respublikasining terma jamoasi va uning yaqin kelajakdagi umidli yosh sportchilar zahirasiga bo'lgan ehtiyoji hozirgi kundagi sportchilarni tayyorlash innovatsion jarayonlarning strategik rivojlanishini optimallashishini talab etadi. Bu jarayonlarning tekis kechishida asosiy faktor bo'lib sport maktablarida shug'ullanayotgan o'quvchilarning kontingentni saqlashdagi qo'nimligi va qo'nimsizligi belgilab beradi. Tajribalar shuni ko'rsatadiki, dastlab jalb qilingan shug'ullanuvchilar kontingentini bir xilda ushlab turib bo'lmasligi aniqlandi. Bu savollarga javob topish maqsadida Sport maktablari erkin kurash seksiyalarida biz anketa so'rovlarini o'tkazishni maqsad qildik.

Biz tomonimizdan ikkita anketa savollari ishlab chiqildi:

erkin kurash seksiyalarida faoliyat olib boradigan murabbiylar uchun;

erkin kurash seksiyalarida boshlang'ich tayyorgarlikni o'tayotgan o'quvchilar uchun;

Anketa asosida biz keng ko'lamda so'rov o'tkazdik. Bu so'rovga boshlang'ich tayyorgarlikni o'tayotgan o'quvchilar, ularning keng doiradagi murabbiylar guruhi jalb etildi. So'rovnoma o'tkazilgan bolalarda shular aniqlandi-ki, ularga erkin kurash mashg'ulotlarida ishtirok etish juda qiziqarli, erkin kurash san'atini egallashga havas qilishadi, murabbiy bilan kechadigan muloqot va guruhda jamoa bo'lib ish olib borish faoliyatiga so'ralganlarning (22 nafar murabbiy 94 nafar shug'ullanuvchilar) qatnashishdi.

Shug'ullanuvchi bolalarning hammasi erkin kurashning texnik-taktik tayyorgarliklari bo'yicha kelgusida mahoratlarini oshirishini hamda erkin kurashga tushishning turfa xil, rang-barang usullarini o'rganish istagini bildirdirishdi. Biroq, vaziyatni to'g'ri baholash maqsadida berilgan keyingi muhim savollarga bolalarda yakdillik kuzatilmadi. Shunga ko'ra, qisman bolalarning 14,1% ga bellashish va musobaqalarda ishtirok etishni hoxlashmaydi. Shug'ullanuvchilarning 14,2% esa musobaqalarda qisman qatnashish istagini bildirishgan. Bu salbiy javoblarning turli xil yoshdagi sportchilarga nisbatan olinganda ham bu miqdor bo'yicha proporsionallik vujudga keladi.

Sport maktabida shug'ullanayotgan 8-10 yoshli erkin kurash sportchilari ham musobaqada ishtirok etishni yoqtirmasliklarini bildirishdi. Kichik maktab yoshidagi bolalarning deyarli barchasi (95,8%) o'z imkoniyatlari darajasini noto'g'ri baholab erkin kurash chempioni bo'lishni orzu qilishadi.

Dastlabki tayyorgarlik bosqichidagi bolalarga: jamoa bo'lib ishlash, mashg'ulot jarayonidagi aytib bajariladigan mashqlar, topshiriqlar, musobaqa elementlari xamda o'yinlar orqalitashkil etilgan mashg'ulotlar (20,68) yoqadi. Pedagogik kuzatishlar natijasiga ko'ra 8-10 yoshdagi bolalar bilan induvidual ishlash samara bermasligi oydinlashdi. Ma'lum bo'ldiki, bu yoshdagi bolalarning o'ziga xos tomonlari shundaki: ular ko'proq o'z tengqo'rlari va murabbiy bilan muloqotga kirishish ishtiyoqi balandligini hisobga olinishi zarur.

Kichik maktab yoshida erkin kurash bilan shug'ullanuvchi bolalardan olingan javoblarning taxlilidan quyidagilar ma'lum bo'ldi:

bolaning kurash sportini kelajakda davom ettirish faoliyati murabbiyning shaxsiy faoliyatiga bog'liq;

shug'ullanuvchi bolalar murabbiy tomonidan beriladigan e'tiborni yoqtirishadi, ayniqsa murabbiy bolalarga alohida e'tibor qaratsa, agarda murabbiyning butun mashg'ulot davomidagi e'tiborsizligini bolalar sezishsa bunday holat kontingentni saqlashga salbiy ta'sir ko'rsatishi ma'lum bo'ldi.

8-10 yoshli bolalarda o'z murabbiylariga nisbatan to'liq ishonch kuzatildi. Bolaning murabbiyga bo'lgan beg'ubor munosabati, uning nazaridagi murabbiyi eng yaxshiligi va sevimli kishi ekanligi va bu holatlar bolaning murabbiy bilan bo'ladigan muloqotga hoxshini kuchaytiradi. Yosh kurashchilarning murabbiyiga bog'langanligi shu darajada kuchliki, hattoki uning qisqa vaqtga almashtirilishi ham bolaning kurash faoliyatini to'xtatish fikriga olib kelishi kuzatildi. Erkin kurashchi bolalarning fikriga ko'ra murabbiy yoshi va toifasidan qat'iy nazar shogirdlariga asosan mehribon bo'lishi kerak.

O'tkazilgan so'rovnomalarimiz natijalariga ko'ra murabbiylarning, erkin kurashchilarning sportga bo'lgan qiziqishini ortishi yoki aksincha kamayishi sabablarini umumlashtirganimizda quyidagilar ma'lum bo'ldi:

Xulosa. Bolalarning sport maktabida erkin kurashga bo'lgan qiziqishini yanada mustaxkamlashda asosiy rolni murabbiylar egallaydi. Chunki murabbiylar bolalarni mehrini ishonchini hamda ichidagi gaplarini to'liq ayta olmasligi kontingentni saqlash imkoniyatini pasaytiradi. Anketa surishtiruvlarida yana shu ma'lum bo'ldiki, bolalar maktabni keyingi uringa qo'yib maktabda darsni ko'p qoldirishlari o'qituvchilar norozligi sabab ham kontingentni saqlash qiyin bo'lmoqda.

Anketa xulosalari shuni ko'rsatdiki: bolalarning amaldagi erkin kurash sporti bilan shug'ullanishi va bu jarayonga to'sqinlik qiluvchi omillarning ta'siri bolalarda endi rivojlanayotgan motivatsion sferasini shakllanishida shartli ravishda mashg'ulotga qiziqishini pasaytirib kelmoqda. Bu to'siqlar yanada murabbiylarning bu sohada yetarli darajada bilimga ega emasliklarida avj oladi.

Murabbiy shaxsiy fazilatlarining mukammal darajada emasligi o'z ustida ishlamasligi bolalarning ichki qiziqishlari bilan qiziqmasliklari sabab bo'lib kelmoqda.

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